

# Abstracts

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## **The Impact of Economic Adjustment Programs on the Greek Economy**

Nikos Astroulakis and Themis Anthrakidis

### *Abstract*

This study evaluates the trajectory of the Greek economy following the Global Financial Crisis (GFC) of 2007–2008. Between 2010 and 2018, Greece entered three Economic Adjustment Programs (EAPs) under the macroeconomic and institutional conditionalities imposed by the Troika. We refer to this period as the era of the Greek economic crisis. To what extent did the EAPs address the macroeconomic and institutional weaknesses that pre-existed in the Greek economy before 2010, and how effectively did they reduce the risk of future economic crises? Using a political economy approach, this study assesses the evolution of Greece's macroeconomic and institutional parameters.

Keywords: Greek economic crisis, Global Financial Crisis, Economic Adjustment Programs, Political economy.

## **The multilateral institutions network as a source of structural power: An application of Social Network Analysis in International Relations**

Dimitris Tsintsaris

### *Abstract*

The core subject of this article is the importance of the multilateral institutions network for the promotion of state goals. Accordingly, in this article I employ Social Network Analysis, an interdisciplinary analytical framework widely applied in the International Relations field and in social science in general. Additionally, I introduce a network-based type of structural power derived from the network of social relations that emerges through interstate interaction in multilateral institutions. Overall, I propose that international politics is not exclusively contingent on the distribution of material capabilities but also on the structural configuration of interstate interactions in the multilateral institutions network.

Keywords: International Relations, social networks, multilateral institutions, power

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### **A longitudinal comparative study of subjective well-being among adolescents from schools in Attica (2007–2008 and 2023–2024)**

Lampropoulou Aikaterini

#### *Abstract*

The present study examines the subjective well-being of Greek adolescents (12-17) by comparing data collected 15 years ago (2007-2008) with more recent data (2023-2024). The Berne Subjective Well-Being Questionnaire-Youth Form (BSW/Y) was used, and 722 students from junior and senior high schools in Attica participated. The aim of the research is to assess changes in the subjective well-being of adolescents by comparing results both for the entire sample and based on demographic parameters. The data showed a decrease in adolescents' well-being, while differences regarding gender and age remain relatively stable. The study offers evidence-based findings to inform targeted interventions in school and family settings.

Keywords: Subjective well-being, adolescents, comparative study

### **Once upon a time...: An introduction to the concept of narrative identity**

Georgios Vleioras, Anastasia Kontostoli, Despoina Masklavanou, Anna Marina Stergiou and Anna Tsolaki

#### *Abstract*

Narrative identity refers to the stories we tell about how we became the people we are. The present work is an accessible introduction to this concept. First, we briefly describe the theory of psychosocial development, and we explain the position of identity formation in that theory. Then, we define narrative identity and outline its history. We analyse how it develops over the course of our lives and how it is affected by the cultural context. Finally, we present some methods that have been used to study narrative identity, and we provide some suggestions for research that could be conducted in Greece.

Keywords: Developmental psychology, Identity, Narrative identity, Life stories